



MHA Newsletter

www.mexicoha.com

Don't forget
to give Thanks
to all our
Veterans!!!!

828 GARFIELD, MEXICO MO 65265

573-581-2294

NOVEMBER 2016

ANNOUNCEMENTS

CLOSINGS

MHA will be closed Friday, November 4th for Administrative workday

MHA will be closed Friday, November 11th in observance of Veterans Day

MHA will be closed Thursday November 24th and Friday November 25th in observance of the Thanksgiving Holiday

GUARDIAN PEST CONTROL

Guardian Pest Control will be in the units November 4th, 2016 and November 18th 2016. Please make sure your front screen door is unlocked and pets are secured.

November 4th, 2016- Tyronn Lue, Seminary, Central, Garfield, Bolivar, Calhoun, Union, and Trinity.

November 18th, 2016- Boulevard, Hassen, Breckenridge, Singleton, Buchanan, Liberty, Missouri, Wade, MacFarlane, Fieldcrest, Holt, and Lafayette

TEENAGERS 13-18

We are looking for someone with artistic abilities to paint our front window once a month for us. This is just for fun to show the community your talents, please see Robin if interested.

RESIDENT MEETING

Thursday November 17th at 3pm

HELP CENTER FOOD PANTRY SCHEDULE by Last Name

If you have any questions their phone number is 573-581-3238.

November 2nd-A-F

November 9th-G-L

November 16th-M-R

November 23rd-S-Z

NO SMOKING!!!!

Due to upcoming and new Federal Government regulations, ALL Public Housing Units and Property will soon become NON-SMOKING. The tentative date for this change is January 1, 2017.



Preventative Maintenance:

Winter is right around the corner and it is time to get prepared. Let's make sure patio furniture and BBQ grills are stored and protected from the bad weather. Please notify our office with work orders if you notice any clogged gutters, leaky faucets, or anything else that can help us prevent problems once the weather gets cold.





Needing Energy Assistance?

Missouri's Low Income Home Energy Assistance Program

Households with a person who is disabled or age 60 or older will start November 1, 2016 applications will be accepted beginning October 1, 2016

All other households will begin December 1, 2016 applications will be accepted beginning November 1, 2016

Tips to Help Lower your Heating Bill

-  Change furnace filters every month
-  Don't block vents with furniture or objects
-  Lower thermostats 3-5 degrees, more when you're not at home
-  Open blinds during the day to let sun warm your inside
-  Add a few extra blankets at night to stay warm



Natural Gas

What is Natural Gas?

Natural Gas is one of the cleanest, most efficient fuels used for the heating of homes, water, and can even be used to generate electricity.

Your safety is important to us so please be aware of the signs of natural gas leaks.

What does natural gas smell like?

Natural gas is odorless and tasteless. Before gas is delivered to your home an odorant called Mercaptan is placed into the gas to give it the distinctive smell of sulfur or "rotten eggs."





If you smell this odor or hear hissing or leaking:

Evacuate your unit immediately

Do not touch any electrical device, smoke, or use anything flammable.

Call Ameren UE Immediately at 1-800-552-7583

Tips to Prevent water pipes from freezing

-  Leave water faucets on at a slow drip
-  Open kitchen and bathroom cabinets so warm air from inside the house can warm the pipes
-  Always keep your thermostat above 65 degrees. Never turn your heat all the way off, even if you are not home
-  Turn in work order request to have any holes under sinks repaired



Turkey Giveaway: Entries are for adult household members 18 years and older, one entry per person. Fill out the bottom portion of this page and return to MHA by 5pm November 17, 2016. Drawing will be held November 18, 2016.

Name: _____ Phone: _____

Address: _____

Veteran's Day

word search

E S D C E H B S A M E R I C A N K S L B
P T Q K O B L P J S O D F Z I J D N V J
V L U N W K K R N T R D P M P C B A L G
C A T L E H R Y L X V I S X N J R R I S
V G P B A M R M A S E W K J A C W E S A
C A X Q C S E M H F F H T P A Y W T K P
N L B S B L M C G D C Y F Z Y B D E K F
F J Z Q G A T T I Z D L D Y M O O V I M
S P O O R T R Z G V A C W N A O N S D J
L N I U J O A M T G R E V Q N E A J T H
O J P R I D E L Y M C E R E L K R K T V
W E M O W E C I V R E S S W N S I J H C
J A P K Z D U N O U M U R A Y P H C V I
D R A B C J R F I E S X R V P D E A P B
I A F X H E R C F D K Y J Y C V S R E X
C L T H S I V R L F N P Z G L C C I C S
Z R J P A M O C F G A J E B S E G J J Y
Y S E H I N R B Z N H Q E X B N G V H X
W C V W O P X J H K T L N G Y R L R B N
T Q G H C D N I T Y D T X O H H U L L C

AIRFORCE
AMERICAN
ARMY
FLAG
HONOR
MARINES
NAVY
NOVEMBER

PRIDE
RESPECT
SALUTE
SERVICEMEN
SERVICEWOMEN
THANKS
TROOPS
VETERANS



Word Search



See how many of these newspaper related words you can find in the puzzle.
The words can be forward, backward or diagonal.

Created by Sue Lindlauf
Grand Forks Herald 2012

- | | | | |
|-----------------|--------------|----------------|--------------|
| 1. GIVING | 5. GRATEFUL | 9. FAMILY | 13. RESPECT |
| 2. THANKS | 6. GRATITUDE | 10. FRIENDS | 14. THANKFUL |
| 3. THANKSGIVING | 7. KINDNESS | 11. HEALTH | 15. POLITE |
| 4. HOLIDAY | 8. CARING | 12. APPRECIATE | 16. MANNERS |

News from the Senior Center

As always, the Senior Center Activity Calendar and daily menu are posted at MHA on the announcement board.

The Homebound Meal Delivery Program. We deliver meals to our participants once a week. They receive 7 frozen meals, 1 quart of milk, 1 quart of Orange Juice, wheat bread, desserts, and a monthly newsletter. If you are 60 years of age and not able to get out much contact me and we will try to help. My phone number is: (573)581-7743

Wednesday, October 12th – Live entertainment with Kate Becker and Willy Phillips. They will perform music from the big band era and pop tunes.

Tuesday, October 18th – 11:30 to 12:30 Radney Pennington “Little E” live from Branson.

Wednesday, October 19th – 10 to 12:30, The Director of our Historical Museum (Lori) will do a presentation on the history of Mexico. She invites all seniors to bring old photographs of Mexico and Audrain County. The day will be spent reminiscing of old times, memories, and special people.

Monday, October 31st during Lunch-Halloween Costume Party. All senior participants will receive a prize (must be in costume). Prizes will be given in 3 categories: Most Creative Costume, Funniest Costume, and Scariest Costume.

Thursday, November 3rd – 10am to 2pm, The Senior Center will have a day of celebration for all retired Veterans. Plan to come and reminisce and share stories. The menu for the day will be: Baked Ham, Meatloaf, Sweet Potatoes, Glazed Carrots and Pineapples, Broccoli, Cheesy Potato Soup, Salad, Strawberry Pie, Cake, Ice Cream, and Fruited Jell-O. Anyone under the age of 60 is considered a guest and must pay \$6.50. For all seniors that are 60 and older, there is a donation of \$4.00 a meal, but no senior is refused for lack of funds. There will be a Porta Party Photo Booth to take pictures curtesy of SSM Health at Home and Hospice. Each person will get to keep their own pictures.